
Nkaimurunya Primary School Oral Health Outreach Report

Date: 29th July 2025

Location: Nkaimurunya Primary School

Target Group: Mini Molars Club (Grade 1–3 Learners)

Beneficiaries Reached: Approximately 400 learners

Overview

Tabasamu Mtoto Organization (TMO) successfully conducted an oral health outreach at Nkaimurunya Comprehensive School, reinforcing our commitment to promoting preventive dental care among young learners. The team arrived at the school at approximately 9:30 AM and received a warm welcome from both teachers and students, setting a positive tone for the day's activities.

Program Activities

1. Oral Health Education

In partnership with House of Dentistry, learners were taken through engaging and age-appropriate oral health education sessions. The focus was on:

- Importance of maintaining good oral hygiene
- Causes and prevention of common dental issues
- Demonstrations on proper toothbrushing techniques

The interactive demonstrations ensured that learners not only understood but also practiced correct brushing methods.

2. Promoting Empathy and Social Awareness

A TMO volunteer delivered a powerful session addressing stigma associated with oral health conditions such as bad breath and discolored teeth. Learners were encouraged to:

- Practice kindness and empathy towards their peers
- Avoid bullying or stigmatization
- Support one another in maintaining good hygiene habits

This session highlighted the social and emotional aspects of oral health, which are often overlooked.

3. Distribution of Dental Care Supplies

Through our partnership with Colgate, TMO distributed:

- Toothbrushes
- Toothpaste

For many learners, this marked their first time receiving personal dental care supplies, equipping them with essential tools to begin or improve their oral hygiene routines.

4. Interactive Engagement

To make the experience enjoyable and memorable, the team incorporated fun and interactive elements, including:

- Music and dance sessions with the learners
- Active participation during demonstrations

This approach created a lively atmosphere and enhanced knowledge retention among the children.

5. Teacher Appreciation

TMO recognized the critical role teachers play in shaping children's habits by appreciating selected teachers with gifts. This gesture aimed to encourage continued support in reinforcing oral health practices within the school environment.

Key Observations

During the outreach, the team identified a significant need for:

- Urgent dental scaling and professional cleaning, as many learners showed signs of poor oral hygiene

This insight underscores the importance of transitioning from preventive education to treatment interventions in future programs.

Impact

- Reached approximately 400 learners with oral health education and supplies
- Improved awareness of proper oral hygiene practices
- Fostered a culture of empathy and inclusivity among learners
- Provided essential dental care tools, especially to first-time recipients

Feedback from the School

The Deputy Head Teacher delivered a heartfelt vote of thanks, expressing gratitude to TMO for:

- Visiting the school
- Providing oral health education
- Distributing dental care products

They noted that many learners had never owned toothbrushes or toothpaste before, highlighting the significant impact of the initiative.

Next Steps

To ensure sustainability and long-term impact, TMO plans to:

- Establish Oral Health Clubs within the school
- Continue mentorship and follow-up programs
- Explore opportunities for dental treatment camps, including scaling and cleaning services

Conclusion

The outreach at Nkaimurunya Primary School was a resounding success, combining education, prevention, and community engagement. The program not only addressed immediate oral health needs but also laid a strong foundation for lifelong healthy habits among the learners.

The event concluded at 1:00 PM, after which the TMO team proceeded to another school for an afternoon session, continuing their mission to expand access to oral health care.